Creative Self-Expression: Further Exploration Supply List--12 hrs

<u>Sewing machine is required</u> (one capable of machine blind-hem stitch ---^---^) Sewing machine foot—please bring an **open-toe appliqué foot** if you have one!

Fabrics—100% cotton fabrics. Batiks and multicolored hand-dyed fabrics. Bring a variety of favorite fabrics and include all colors in <u>at least</u> three values (light, medium and deep dark (not black) with a noticeable color contrast from a distance of approx.10 ft.) Be aware that all prints "read" as a medium value… and too many prints positioned together are busy, so also bring fabrics that "read" plain but aren't a completely solid color. With this technique, you do not need fabric in large amounts—½ or ¼ yards, large scraps or fat quarters will do. If you like, bring a small amount of sheer (translucent organza and similar) and lame fabric to experiment.

<u>Stabilizer</u>—Two yards of Pellon sew-in regular mid-weight stabilizer ...(Vilene stabilizer... outside of the USA)

– **Do not bring interfacing (too flimsy) or choose a product that is fusible or tear-away.** If the stabilizer does <u>not shrivel</u> when pressed with an iron on cotton setting, it is OK to bring.

Freezer paper -- 2 yards

Needles -- (for sewing machine) use regular 80/12 or 70/10 for piecing

Scissors-- paper and fabric

Spray bottle for water

Straight pins—appliqué pins work good

Threads -- bring a variety...for matching or blending

Bobbin -- wound with neutral thread

<u>Stitch Witchery</u> -- only if you already have it (comes on a roll, about 5/8" wide). This product is also known as hemming tape outside of the USA.

Eraser, pencils, ruler, notebook

Iron and ironing mat in not provided by the facility.

Flexible curve -- if you have one, bring it, but don't buy.

Note to students: Since you will be working on your own individual project, you might want to bring additional supplies such as materials, fibers, ribbons or threads that you might need. OR, bring whatever you'd like to use or incorporate into your work. We will be working on the quilt top. You'll not need batting or backing fabric in class.

You are here to relax and learn! This is a NO stress class....so please don't agonize about what designs to make or be concerned over fabric/color choices. If you have an idea in mind, jot it down or bring pictures. Just remember to keep the idea or design simple...we only have two days! If you don't have any ideas, don't worry...! have ideas to pass on to you!

I am looking forward to meeting you in class. If you have any questions I can be reached by e-mail: vikki@vikkipignatelli.com.

Vikki Pignatelli

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